

From Khunu Lama's *Vast as the Heavens, Deep as the Sea: Verses in Praise of Bodhicitta* (1894-1997)

THE PRACTICE OF BODHICITTA

If one investigates to find the supreme method
for accomplishing the aims of oneself and others,
it comes down to bodhicitta alone.

Being certain of this, develop it with joy.

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In the morning when you get up, generate
a heartfelt intention to be in accord with bodhicitta.

In the evening when going to bed, investigate whether
what you did was in accord with or in opposition to bodhicitta.

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When the splendor of bodhicitta has descended,
with remembrance and introspection as your aids
investigate every action of body, speech, and mind
to see whether they are spiritual or not.

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One who does not delight in others' good fortune
does not have bodhicitta within,

just as one who is angry with another person
does not have love within.

—

If bodhicitta degenerates
it is something that should be taken up again,
just as it is correct
to repair a golden vessel if it breaks.